



# THE COG

Newsletter of the Rotary Club of Lutterworth

**Issue No: 202**

**Driving the wheel of fellowship**

## December '21 Newsletter

**Programme for the next two months.**

### **Speaker Finder Grace & Thanks**

#### **December**

Monday	6th	<b>Christmas Party</b>	<b>7 p.m.</b>	<b>@</b>	<b>Cricket Club</b>
Monday	13th	<b>Christmas Lunch</b>			
Monday	20th	Normal Meeting	No Speaker		<b>Social Meeting</b>
Monday	27th	<b>Christmas Holidays</b>			<b>No Meeting</b>

#### **January '22**

Monday	3th	Normal Meeting	David Ayres	Sally Hollis
Monday	10th	Joining Wycliffe	7-30 p.m.	
Thursday	13th	Council Meeting	7 p.m.	
Monday	17th	Business Meeting		
Monday	24th	Normal Meeting	Rose Chapman	David Haynes
Monday	31st	Normal Meeting	John Wilson	John Roberson

If you are unable to carry out your 'duty' please find a substitute and tell **Anne Baker** Tel: 01455 **285674** email [christinabaker304btinternet.com](mailto:christinabaker304btinternet.com)

# Happy Christmas and New Year

## Welcome back to the Club Derick (Berridge)

I am delighted to be a re-  
turning member to the Lut-  
terworth Rotary Club as I  
am no stranger to this  
Club.

I spent many years working  
very successfully as Finance  
Director at 'Pretty Legs Hosi-  
ery' in the town 47 years  
ago. I remember being very  
keen to become a member  
of Lutterworth Rotary Club  
and hugely impatient when I  
found there was an 18month



waiting list to join. My proposer was Ron Clegg who was  
the manager at NatWest bank in Lutterworth. Finally, I  
did get in and became a member, meeting at the Oak in  
Bitteswell on Monday Lunchtimes. I have vivid memories  
of 'boozy' lunches and great fellowship.

In those days the Rotary Club in Lutterworth was a male  
only club and I remember the vote being passed each  
year for it to remain a 'single gender club'. This has all  
changed (for the better!) when a Lady Rotarian from an-  
other area moved into Lutterworth and asked to join. It  
was finally agreed that the Club should be open to both  
sexes and a new more progressive approach to Lut-  
terworth Rotary Club was born; this change has been benefi-  
cial to us all and kept the Rotary Fellowship alive.

Whilst in the Lutterworth Rotary Club, I along with 5 other  
members, joined the ICFR (International Caravanning Fel-  
lowship of Rotarians) - Eric Boyes was the driving force  
behind this fellowship. It saw myself and family travelling  
on many Caravan Rallies in the UK and all over Europe,  
meeting many new Rotarians and colleagues along the  
way. The highlight of my time at the ICFR has to be the 6  
week tour of the Canadian Rockies in R.V's which around

30 members undertook. I remember the anguish on the R.V. managers face when 30 'Old Aged Pensioners' turned up at his 'Depot' to take out thousands of Dollars' worth of brand new 'R.V's!

I retired on the 1<sup>st</sup> of December 1996 and not really having a retirement plan, I asked the ICFR members where they rallied in the winter months. They directed me to a lovely site they used in Villajosa near (but not in!) Benidorm. I and Maggie set off for the sun and never really looked back. Finding we enjoyed the hospitality and fellowship of 'Ex Pats' abroad and settled in Spain, first in Villajosa, but then latterly in Javea slightly further up the coast. We had the pleasure of living in a warm climate with like-minded people, and fell in love with Spain, the lifestyle and of course the weather.

Whilst in Spain we continued to enjoy the Fellowship offered by the Rotary Club, first of all joining 'Albir' Rotary Club where, after two years, I became President. I then also joined two other Rotary Clubs – 'Calpe' and 'Costa Blanca North' - Again becoming President of Costa Blanca North for several months. The Rotary Clubs I joined in Spain were English speaking, but also open to many nationalities; Rotary Clubs there were very often like a meeting of the United Nations. Another slight 'oddity' about the international Rotary Clubs in Spain are the term of office for the President. It was always hard to find someone to be President for a year, so it was split into monthly blocks. The whole way of life in Spain is far more relaxed, informal and more laid back than in the UK.

We finally decided to move back to the UK a couple of years ago, the sunshine and laid-back life is good, but 'Blighty' called. We now live in a beautiful McCarthy Stone property in Hinckley.

I am delighted to have been invited back to Lutterworth Rotary and look forward to many happy years here spending time with friends old and new.

## **Meal (Menus) decided by Countries**

The idea of having our monthly menus taken from different countries has really caught on, our latest being India where

Curry was provided in November. Rather than dressing up for the lunch a lot of information was gleaned on the country which I felt was worth sharing with you all.

Did you know:-

**That Shampoo** originated in India. The word "shampoo" comes from the Sanskrit word "champu" which means "to massage". Ground herbs mixed with water were the very first forms of shampoo

**India is the second most populous country in the world** with roughly 1.37 billion people and keeps climbing that it is estimated that by the year 2050mIndia will have surpassed China to become the most populated country in the world.

**Snakes and Ladders** board game was first created to teach morals and lessons about "karma" in a way that young children would understand and remember.

**Cotton Crop** India is the world's largest grower of cotton.

## Background on Indian Forehead Markings

Called a BINDI or TILAK. Most commonly used by followers of the Hindu religion since the 3rd century. Seen by some as the third eye, signifying that they can see the spiritual truth.

Can be red, white or black. Often different colours/designs signify which gods are worshipped.

Red is a paste of Kumkum (Turmeric and lime juice mixture) commonly worn by married women to represent honour, love and prosperity. The brighter the better.

White can sometimes be ash and worn by widows.

Young unmarried women/girls will wear a black Bindi.

Men wear Tilaks—more a strip than a dot—and they are still worn on special occasions like weddings.



## **Age Concern Talk 1st November**

Alison Anderton (General Manager for Age Concern Lutterworth and District) our speaker on Monday had worked for the charity for nigh on 16 years gave us an excellent talk on its history and work in Lutterworth. She started by saying it started as an Old Peoples Welfare Organisation in 1962. In 1987 the name was changed to Lutterworth Age Concern and in mid-2000 upon joining the Age England Association the name was changed to what it is today, Age Concern Lutterworth and District.

Their mission statement is :- "To promote the wellbeing of all older people, and to make later life a fulfilling and enjoyable experience"

Their definition of Older People generally means over the age of 50. She explained that as an independent charity they are responsible for all their own fundraising which they do in a variety of ways. The ownership of the shop in Market Street in April 2013 has done a lot towards achieving this and is managed by 4 part time members of staff who are assisted by a number of volunteers who keep the shop running. She went on to say that the services they provide are based on a social footing to meet the local population who like us all are growing older and yet providing an ever active life. She went on to say that naturally Covid brought many added challenges particularly on the fund raising front – but she was pleased to report this was now resolving itself. She finished her talk by naming a wide range of activities now taking place which was inspiring and seemed to us mainly in their age bracket as recycled teenagers!!

## **Talk on Karter's Restaurant Lutterworth - 25th October**

Our speaker Danny Gill from Karter's Restaurant was invited to give us a talk on his life in Lutterworth. He came from a Punjabi heritage and his great-grandfather had fought for the British during World War II. His parents came here in the mid 60's, his father working as a bus driver and his mother worked

for Corah – a knitwear factory. At the age of 16 he left school and on being told he was having an arranged marriage organised for him left home.

He joined Tesco's stacking shelves and progressed on to becoming a store manager then on to Morrisons. Moving to Walmart and running their e-commerce home shopping for Asda, going on to doing projects in America. He was ready to emigrate to America when he lost his son Kian through a car accident and decided not to go and following a legal battle with Walmart in breaking his contract obtained a payoff which was spent in purchasing Karter's in Lutterworth.

### **Talk on LOROS by Jacky Mc Blain 8th November**

Jacky is the current Community Engagement Lead at the Leicester LOROS and told us that she had worked for LOROS for the past 31 years in many different roles as a nurse, team leader and Inpatient Ward Manager then more recently to Community Engagement. She went on to say since she has been there LOROS has developed and evolved everything from care and services to the Hospice building itself.

They now provide many onsite services, including lymphoedema care and complimentary therapy, which are not funded by the local health authority. These services began on a small scale many years ago with just one person but now have well-established teams with dedicated staff.



She said with pride that these services are a great achievement for LOROS and for the nurses who took an interest and helped shape them into what they are today. As a Hospice they are expected to be proficient in the care they provide. So much so that she cited examples of meeting some patients wishes. A few years ago she was asked to write

down instructions on how to do an oil change on a patient's wife's car as he couldn't do it himself. Initially the Hospice was funded primarily by the Health Service but over the years that funding has been reduced and this is why fundraising and regular giving is so important to them. An excellent talk from someone so dedicated to her job and so keen to inspire others in what she does for the community.

**Lutterworth Rotary Club** were pleased to donate to Lutterworth Golf Club Junior section a new trophy. Following the tragic Club House fire in May this year which destroyed all the Club's silverware.



The trophy was presented by Lutterworth Rotary's President Val Cooper to Oliver Dempsey, at their presentation evening on 19th November. Oliver won the Junior Club Championship, which was played over 36 holes.

The Rotary Trophy will be played for annually.

## Remembrance Day

Club Presidents  
Sue Wilson Inner Wheel and  
Val Cooper Rotary



## Anglo Saxon enactment talk 21st November

Jane Seager our speaker joined the Anglo-Saxon re-enactment group Wulfingas 450-550 AD Society when she was 17 (over two decades ago) as she was very interested in history. Back then they were predominately a fighting group, giving

battle displays and weaponry talks to the general public, often at English Heritage sites (Kirby Hall, Old Sarum etc) when the Battles were always scripted.



As she said they have aged and their bodies are less able to cope with running around in chain mail. They get the majority of their information regarding the types of clothing and eating/drinking vessels that they would have used from reports from excavations. They know they used both linen and woollen fabrics.

Whilst these fabrics do not survive in the graves the metal jewellery and fastenings do. The iron pins used as attachments would rust around the material it was fixed to. When excavated it allows modern archaeologists to see what material is

embedded in the rust, even allowing them to see the colour and pattern! They use this information to make their own costumes by hand so that they can be as authentic as possible.

The Group often act out various parts of the Anglo-Saxon story "Beowulf" using props and costume to depict his fight against the dragon or Grendel. She said that this goes down well with both young and old members of her audience, especially when she gets down to the gory bits like "ripping off the monsters arm". Whilst this story was just a story, it gives a great insight into how the Anglo-Saxons lived and what they believed in, for example 'The Hall of the Gods' in the afterlife.



The report on this talk has had to be shortened due to lack of space for which I apologise.

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